5

## 4. Focus on the relationship

Relationship is everything! Talk to your child and take the time to really listen. Young people have a much easier time working with you when they know you really care. It's important to be seen as supportive but not punitive. Ask them what's going on and problem-solve about how you could help.



## 5. Be reflective

Ask yourself, is there anything you could be doing that might be triggering the student to refuse to work? For example, are you using a harsh or critical tone? Did you embarrass them in front of their peers? Are you setting realistic expectations or asking too much?

